



In the United States, nearly one out of five adults live with a mental illness. Sometimes, symptoms show up at a young age. Early diagnosis and treatment are critical.

That's why the Social Development Commission is committed to making a variety of health and wellness services accessible to children and adults.

SDC operates a state-certified outpatient treatment program to address substance use disorders and mental health concerns for youth and adults. SDC's staff provides outpatient screening, intake, clinical assessments, counseling, advocacy and referral assistance as needed. Individual, group and family therapy is also available.



Lead Outreach Program

SDC's lead outreach program educates Milwaukee County residents about the danger of lead poisoning and the impact it has on children and adults. Targeting Milwaukee County's most vulnerable population, SDC outreach workers offer:

- Free blood lead-level tests for children under age 6, pregnant women, and nursing mothers. Test results, next-step recommendations and links to additional resources are provided to participants within 24-48 hours.
- Eligible participants may receive free certified water filters to reduce lead hazards.
- SDC's experts provide in-home demonstrations and community presentations to educate residents about various lead sources, the importance of a healthy diet and preventive tips. To request appointments or reach a member of SDC's Health and Wellness team, call 414-906-2700.

Community Outreach

SDC's Mental Health and Substance Disorder team offers a variety of education and mental health services to schools and other community organizations. SDC presentations address:

- Mental Health and Substance Use Treatment.
- Anger Management, Conflict Resolution and Violence Prevention
- Trauma and Grief and Loss
- Bullying and Conflict Resolution

Marketplace Insurance Navigator Assistance

Health insurance can be complicated. SDC'S Navigators help Milwaukee County residents understand and obtain marketplace health insurance as well as BadgerCare, Medicaid and Medicare.

To further assist with healthcare needs, The Social Development Commission offers the Prescription Advocacy and Referral Service (PARS). This program helps clients submit required paperwork and documentation to pharmaceutical companies that offer discounted prescription assistance.

*Empowering Milwaukee County residents
with the resources to move beyond poverty.*

Mental Health & Wellness Services Supporters



BHD Behavioral
Health
Division
A Division of the Department of
Health & Human Services



CITY OF MILWAUKEE
HEALTH DEPARTMENT

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