



## Hinton SDC Brief - Monday, May 4

**To:** SDC Staff

**From:** Mr. Hinton

Good Afternoon SDC:

As organizations in cities around the country begin to reopen, we are closely watching the impact on employees and the general public. We will continue to take our cue from local and state agencies. As of this writing the Governor's Safer at Home order is still set to expire towards the end of the month on May 26th.

May is Mental Health Awareness Month. Normally, SDC would host activities to coincide with Mental Health Awareness Month. It was created to help fight stigma associated with mental illness. It is also a month in which organizations like SDC provide support and educate the public. The special designation also aims to draw attention to suicide, which can be precipitated by some mental illness.

With that said, we encourage you to share information from the website linked below. This is a tough time for everyone, especially young people. Please take a moment to share the website below as it contains information for young people and their families.

<https://fiveforfamilies.org/the-5-strengths/>

As always, thank you for hanging in there and serving our community during these challenging times.