

INFANT MENU
IRON FORTIFIED CARNATION GOOD START FORMULA /
IRON FORTIFIED INFANT CEREAL

**YOUTH FOOD
PROGRAM**

BREAST MILK MAY BE SUBSTITUTED FOR IRON-FORTIFIED FORMULA AT ANY MEAL

* BREAKFAST FRUIT IS FOR 8-11 MONTHS ONLY

WEEK # 1

FRUIT JUICE SHOULD BE SERVED FROM A CUP ONLY

MONDAY 7-May-12	TUESDAY 8-May-12	WEDNESDAY 9-May-12	THURSDAY 10-May-12	FRIDAY 11-May-12
<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED PEARS	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED BANANAS	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED SWEET POTATO	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED APPLESAUCE	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED PEARS
<u>LUNCH</u> FORMULA INFANT CEREAL STRAINED GREEN BEANS	<u>LUNCH</u> FORMULA INFANT CEREAL(4-7 MTH ONLY) STRAINED CARROTS STRAINED BEEF(8-11 MTH ONLY)	<u>LUNCH</u> FORMULA INFANT CEREAL STRAINED PEAS	<u>LUNCH</u> FORMULA INFANT CEREAL(4-7 MTHS STRAINED GREEN BEANS STRAINED CHICKEN (8-11 MTH ONLY)	<u>LUNCH</u> FORMULA INFANT CEREAL STRAINED CARROTS
<u>SNACK</u> FORMULA	<u>SNACK</u> GRAHAM CRACKERS FORMULA	<u>SNACK</u> 100% APPLE JUICE SERVED FROM A CUP	<u>SNACK</u> FORMULA	<u>SNACK</u> GRAHAM CRACKERS FORMULA



→ **NOT ALL AGE GROUPS RECEIVE EVERY ITEM ON THIS MENU** ←



FOR PORTION INFORMATION PLEASE REFER TO YOUR ATTACHED MEAL PATTERN SHEET

INFANT MENU
IRON FORTIFIED CARNATION GOOD START FORMULA /
IRON FORTIFIED INFANT CEREAL

**YOUTH FOOD
PROGRAM**

BREAST MILK MAY BE SUBSTITUTED FOR IRON-FORTIFIED FORMULA AT ANY MEAL

WEEK # 2

FRUIT JUICE SHOULD BE SERVED FROM A CUP ONLY

MONDAY 14-May-12	TUESDAY 15-May-12	WEDNESDAY 16-May-12	THURSDAY 17-May-12	FRIDAY 18-May-12
<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED BANANAS	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED SWEET POTATO	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED APPLESAUCE	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED PEARS	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED BANANAS
<u>LUNCH</u> FORMULA INFANT CEREAL(4-7 MTH ONLY) STRAINED PEAS STRAINED TURKEY(8-11 MTH ONLY)	<u>LUNCH</u> FORMULA INFANT CEREAL STRAINED GREEN BEANS	<u>LUNCH</u> FORMULA INFANT CEREAL STRAINED CARROTS	<u>LUNCH</u> FORMULA INFANT CEREAL STRAINED PEAS	<u>LUNCH</u> FORMULA INFANT CEREAL(4-7 MTH ONLY) STRAINED GREEN BEANS STRAINED BEEF(8-11 MTH ONLY)
<u>SNACK</u> GRAHAM CRACKERS 100% APPLE JUICE SERVED FROM A CUP	<u>SNACK</u> FORMULA	<u>SNACK</u> FORMULA	<u>SNACK</u> 100% APPLE JUICE SERVED FROM A CUP	<u>SNACK</u> FORMULA



→ **NOT ALL AGE GROUPS RECEIVE EVERY ITEM ON THIS MENU** ←



FOR PORTION INFORMATION PLEASE REFER TO YOUR ATTACHED MEAL PATTERN SHEET

INFANT MENU

IRON FORTIFIED CARNATION GOOD START FORMULA / IRON FORTIFIED INFANT CEREAL

**YOUTH FOOD
PROGRAM**

WEEK # 3

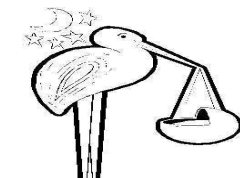
BREAST MILK MAY BE SUBSTITUTED FOR IRON-FORTIFIED FORMULA AT ANY MEAL

FRUIT JUICE SHOULD BE SERVED FROM A CUP ONLY

MONDAY 21-May-12	TUESDAY 22-May-12	WEDNESDAY 23-May-12	THURSDAY 24-May-12	FRIDAY 25-May-12
<p><u>BREAKFAST</u></p> <p>FORMULA INFANT CEREAL STRAINED SWEET POTATO</p>	<p><u>BREAKFAST</u></p> <p>FORMULA INFANT CEREAL STRAINED APPLESAUCE</p>	<p><u>BREAKFAST</u></p> <p>FORMULA INFANT CEREAL STRAINED PEARS</p>	<p><u>BREAKFAST</u></p> <p>FORMULA INFANT CEREAL STRAINED BANANAS</p>	<p><u>BREAKFAST</u></p> <p>FORMULA INFANT CEREAL STRAINED SWEET POTATC</p>
<p><u>LUNCH</u></p> <p>FORMULA INFANT CEREAL STRAINED CARROTS</p>	<p><u>LUNCH</u></p> <p>FORMULA INFANT CEREAL STRAINED PEAS</p>	<p><u>LUNCH</u></p> <p>FORMULA INFANT CEREAL(4-7 MTH ONLY) STRAINED GREEN BEANS STRAINED CHICKEN(8-11 MTH ONLY)</p>	<p><u>LUNCH</u></p> <p>FORMULA INFANT CEREAL STRAINED CARROTS</p>	<p><u>LUNCH</u></p> <p>FORMULA INFANT CEREAL(4-7 MTH ONLY) STRAINED PEAS STRAINED TURKEY(8-11 MTH ONLY)</p>
<p><u>SNACK</u></p> <p>100% APPLE JUICE SERVED FROM A CUP</p>	<p><u>SNACK</u></p> <p>FORMULA</p>	<p><u>SNACK</u></p> <p>FORMULA</p>	<p><u>SNACK</u></p> <p>100% APPLE JUICE SERVED FROM A CUP</p>	<p><u>SNACK</u></p> <p>FORMULA</p>



→ **NOT ALL AGE GROUPS RECEIVE EVERY ITEM ON THIS MENU** ←



FOR PORTION INFORMATION PLEASE REFER TO YOUR ATTACHED MEAL PATTERN SHEET

INFANT MENU
IRON FORTIFIED CARNATION GOOD START FORMULA /
IRON FORTIFIED INFANT CEREAL

**YOUTH FOOD
PROGRAM**

WEEK # 4

BREAST MILK MAY BE SUBSTITUTED FOR IRON-FORTIFIED FORMULA AT ANY MEAL

FRUIT JUICE SHOULD BE SERVED FROM A CUP ONLY

28-May-12

TUESDAY 29-May-12	WEDNESDAY 30-May-12	THURSDAY 31-May-12	FRIDAY 1-Jun-12
<p align="center"><u>BREAKFAST</u></p> <p align="center">FORMULA INFANT CEREAL STRAINED PEARS</p>	<p align="center"><u>BREAKFAST</u></p> <p align="center">FORMULA INFANT CEREAL STRAINED BANANAS</p>	<p align="center"><u>BREAKFAST</u></p> <p align="center">FORMULA INFANT CEREAL STRAINED SWEET POTATO</p>	<p align="center"><u>BREAKFAST</u></p> <p align="center">FORMULA INFANT CEREAL STRAINED APPLESAUCE</p>
<p align="center"><u>LUNCH</u></p> <p align="center">FORMULA INFANT CEREAL STRAINED CARROTS</p>	<p align="center"><u>LUNCH</u></p> <p align="center">FORMULA INFANT CEREAL(4-7 MTH ONLY) STRAINED PEAS STRAINED CHICKEN(8-11 MTH ONLY)</p>	<p align="center"><u>LUNCH</u></p> <p align="center">FORMULA INFANT CEREAL STRAINED GREEN BEANS</p>	<p align="center"><u>LUNCH</u></p> <p align="center">FORMULA INFANT CEREAL STRAINED CARROTS</p>
<p align="center"><u>SNACK</u></p> <p align="center">100% APPLE JUICE SERVED FROM A CUP</p>	<p align="center"><u>SNACK</u></p> <p align="center">FORMULA</p>	<p align="center"><u>SNACK</u></p> <p align="center">100% APPLE JUICE SERVED FROM A CUP</p>	<p align="center"><u>SNACK</u></p> <p align="center">FORMULA</p>



→ **NOT ALL AGE GROUPS RECEIVE EVERY ITEM ON THIS MENU** ←



FOR PORTION INFORMATION PLEASE REFER TO YOUR ATTACHED MEAL PATTERN SHEET

INFANT MENU
IRON FORTIFIED CARNATION GOOD START FORMULA /
IRON FORTIFIED INFANT CEREAL

**YOUTH FOOD
PROGRAM**

WEEK # 5

BREAST MILK MAY BE SUBSTITUTED FOR IRON-FORTIFIED FORMULA AT ANY MEAL



FRUIT JUICE SHOULD BE SERVED FROM A CUP ONLY

MONDAY 4-Jun-12	TUESDAY 5-Jun-12	WEDNESDAY 6-Jun-12	THURSDAY 7-Jun-12	FRIDAY 8-Jun-12
<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED PEARS	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED BANANAS	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED SWEET POTATO	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED APPLESAUCE	<u>BREAKFAST</u> FORMULA INFANT CEREAL STRAINED PEARS
<u>LUNCH</u> FORMULA INFANT CEREAL STRAINED PEAS	<u>LUNCH</u> FORMULA INFANT CEREAL STRAINED GREEN BEANS	<u>LUNCH</u> FORMULA INFANT CEREAL(4-7 MTH ONLY) STRAINED CARROTS STRAINED CHICKEN(8-11 MTH ONLY)	<u>LUNCH</u> FORMULA INFANT CEREAL STRAINED PEAS	<u>LUNCH</u> FORMULA INFANT CEREAL(4-7 MTH ONLY) STRAINED GREEN BEANS STRAINED TURKEY(8-11 MTH ONLY)
<u>SNACK</u> FORMULA	<u>SNACK</u> 100% APPLE JUICE SERVED FROM A CUP	<u>SNACK</u> FORMULA	<u>SNACK</u> 100% APPLE JUICE SERVED FROM A CUP	<u>SNACK</u> FORMULA



→ **NOT ALL AGE GROUPS RECEIVE EVERY ITEM ON THIS MENU** ←

FOR PORTION INFORMATION PLEASE REFER TO YOUR ATTACHED MEAL PATTERN SHEET